

Andrew Petts
Department of Sport
Email: andrew.petts@hartpury.ac.uk

Previous positions

Andrew started his career in professional sport in 2007. After completing his BSc in sport and exercise science at University of Wales, Cardiff (UWIC) he joined Bristol Rugby as part of their internship programme. He climbed the ranks as part of the strength and conditioning team, firstly as Academy Strength and Conditioning Coach, then as Assistant before moving to Bedford Blues to become their Head of Strength and Conditioning in 2014. He graduated as Master of Science (MSc) from Cardiff Metropolitan University with a distinction in Strength and Conditioning in 2016. In 2017 Andrew was appointed as the Performance Nutritionist at Bristol Bears (Bristol Rugby at the time), He completed a Diploma in Sport and Exercise Nutrition in 2019. He then joined the Hartpury academy as Performance Nutritionist in 2020 and joined as an associate lecturer in 2021. He is currently completing Academic Professional Apprenticeship and Post Graduate Certificate in Academic Practice.

Qualifications

Sport and Exercise Nutrition, Post Graduate Diploma, Institute of Performance Nutrition
Award Date: 31 May 2019

Strength and Conditioning, MSc, University of Wales Institute Cardiff
Award Date: 4 May 2016

Sport and Exercise Science, BSc, University of Wales Institute Cardiff
Award Date: 12 Jul 2007

Teaching, Academic Professional Apprenticeship and Post Graduate Certificate in Academic Practice, University of West London

14 Sept 2022 → 23 Jun 2023

15 Jan 2022 → 9 Sept 2022 Associate Fellow, AFHEA

1 Jun 2018 → 3 Jun 2018 ISAK Level 1 Anthropometry Course

15 Feb 2021 → ... UKAD Educator Accreditation

10 Mar 2020 → ... SENr Graduate Accreditation

Employment

Lecturer

Department of Sport
Hartpury University
United Kingdom
28 Feb 2022 → present

Consultant Nutritionist

Gloucestershire County Cricket Club
United Kingdom
23 Jan 2023 → present

Performance Nutritionist - Hartpury Academy

21 Nov 2020 → present

Performance Nutritionist

Bristol Bears Rugby Club
United Kingdom
1 Feb 2017 → 1 Nov 2020

Head of Strength and Conditioning

Bedford Blues Rugby Club
United Kingdom
1 Jun 2014 → 31 Jan 2017

Assistant Strength and Conditioning Coach

Bristol Rugby Club

United Kingdom

1 Jun 2011 → 31 May 2014

Academy Strength and Conditioning Coach

Bristol Rugby Club

United Kingdom

1 Jun 2007 → 31 May 2011