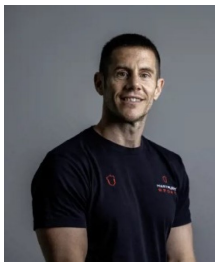
Andrew Petts
Department of Sport
Email: andrew.petts@hartpury.ac.uk



Previous positions

I started my career in professional sport in 2007. After completing my BSc in sport and exercise science at University of Wales, Cardiff (UWIC) I joined Bristol Rugby as part of their internship programme. I was promoted to Head of Strength and Conditioning for the Academy, then promoted to Assistant Strength and Conditioning coach with the first team. I then got the rolw of Head Strength and Conditioning Coach for Bedford Blues in 2014. I graduated as Master of Science (MSc) from Cardiff Metropolitan University with a disstinction in Strength and Conditioning in 2016. In 2017 I was appointed as the Performance Nutritionist at Bristol Bears (Bristol Rugby at the time), I completed a Diploma in Sport and Exercise Nutrition in 2019. Following this I joined the Hartpury academy as Performance Nutritionist in 2020 and joined as as an associate lecturer in 2021, and was then promoted to lecturer. I have completed my Academic Professional Aprenticeship and Post Graduate Certificate in Academic Practice, hold Fellowship with the HE and have completed my SENr full accreditation. I work with Gloucestershire County Cricket and Forest Green Rovers as a consultant and have recently reviewed a journal for the BMJ Open Sport and Exercise Medicine.

Qualifications

Sport and Exercise Nutrition, Post Graduate Diploma, Institute of Performance Nutrition
Award Date: 31 May 2019

Strength and Conditioning, MSc, University of Wales Institute Cardiff
Award Date: 4 May 2016

Sport and Exercise Science, BSc , University of Wales Institute Cardiff
Award Date: 12 Jul 2007

Teaching, Academic Professional Aprenticeship and Post Graduate Certificate in Academic Practice, University of West London
14 Sept 2022 → 23 Jun 2023

14 Sept 2022 → 11 Oct 2024 Postgraduate Certificate Professional Academic Practice, APA

Jun 2023 → 21 Feb 2024 SENr Practitioner Accreditation, SENr

10 Mar 2020 → 1 Jun 2023 SENr Graduate Accreditation

15 Jan 2022 → 9 Sept 2022 Associate Fellow, AFHEA

15 Feb 2021 → … UKAD Educator Accreditation

1 Jun 2018 → … ISAK Level 1 Anthropometry Course

Employment

Lecturer
Department of Sport
Hartpury University
United Kingdom
28 Feb 2022 → present

Consultant Nutritionist
Gloucestershire County Cricket Club
United Kingdom
23 Jan 2023 → present

Performance Nutritionist
Bristol Bears Rugby Club
United Kingdom
1 Feb 2017 → 1 Nov 2020

Head of Strength and Conditioning
Bedford Blues Rugby Club
United Kingdom
1 Jun 2014 → 31 Jan 2017

Assistant Strength and Conditioning Coach
Bristol Rugby Club
United Kingdom
1 Jun 2011 → 31 May 2014

Academy Strength and Conditioning Coach
Bristol Rugby Club
United Kingdom
1 Jun 2007 → 31 May 2011